Helen Shaddock Multidisciplinary Artist, Arts Facilitator, Event Organiser & Project Manager

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Born Dewsbury, 1986 Lives and works in Newcastle upon Tyne Works with installation, video, sound, sculpture, drawing, performance and writing

ARTIST STATEMENT

I'm a multidisciplinary visual artist, focusing on themes related to neurodiversity, OCD, and my journey through eating distress. Some of the consequences of living with these conditions are that rigour, routine & attention to detail are fundamental to my way of life, all of which are integral to my creative practice. Formally, my work is an exploration of abstraction and the relationship between colour, pattern and composition (layers, balance and rhythm).

EDUCATION AND QUALIFICATIONS

Master of Fine Art, Newcastle University, 2016 BA (Hons) Fine Art: Sculpture and Environmental Art , Glasgow School of Art, 2008 Diploma in Foundation Studies (Art and Design), Leeds College of Art & Design, 2005

SOLO EXHIBITIONS

Everything Will Be Alright, The Archers, Newcastle University, January 2023 THEMSELVES HERE TOGETHER, The Word, South Shields, May – June 2018 Everything Will Be Alright, Cheeseburn Sculpture, Northumberland, May – June 2017 A lot can happen in fifteen minutes, NewBridge Books, Newcastle upon Tyne, Oct – Nov 2016 Everything Will Be Alright, Newcastle University, Aug – Sept 2016 New Work, Newcastle University, Aug – Sept 2015 BRIMMING, 1 Royal Terrace, Glasgow, Jan 2014 Groovings, Motherwell Concert Hall and Theatre, Sept – Oct 2013 Constellation, The Steeple, The Briggait, Glasgow, May – Sept 2013 Studio Project, Market Gallery, Glasgow, Mar 2013 Strength in numbers, Project Space, The Briggait, Glasgow, Oct 2011 Coloured Matter, Here Gallery, Bristol, June 2011 Schema, Che Camille, Glasgow, April 2010

SELECTED GROUP EXHIBITIONS

Open Exhibition 2024, Gallagher & Turner, Newcastle, July – August 2024 Art As A Response To Mental Health Online Exhibition, June – July 2024 Last Shot, Pineapple Black, Middlesbrough, January 2024 Hearse House, Ninebanks, Northumberland, September 2023 Now That's What I Call Art 2, Newcastle Contemporary Art, Newcastle, April 2023 Shieldfield Home, The NewBridge Project, Newcastle, Dec 2022 – Jan 2023 Open Exhibition, Gallagher & Turner, Newcastle, Nov 2022 – Jan 2023 Amplify, Zealous Amplify Mental Health and Wellbeing Online Exhibition, Oct - Nov 2022 Middlethorpe Manor Sculpture Garden Open Weekend, Middlethorpe Manor Sculpture Garden, York, Sept 2022 Byre, East Elrington Barn, NE47 6AP, Sept 2021 Cheeseburn Open Weekend, Cheeseburn Sculpture, Northumberland, May – July 2021 BALTIC Open Submission 2020, BALTIC, Gateshead, Mar – June 2021 Open Exhibition, Gallagher & Turner, Newcastle, Aug – Oct 2019 WHICH WAY NORTH, Great North Museum: Hancock, Newcastle, June - Sept 2018 BITTER/SWEET, Assembly House, Leeds, Mar 2018 REALITY CHECK, The NewBridge Project : Gateshead, Gateshead, Oct 2017 A lot can happen in a day, TURF Projects, Croydon, London, July 2017 Flash Fwd, The Club, Banff Centre for the Arts and Creativity, Canada, April 2017 Moving on up, Moving on out, NewBridge Project Space, Newcastle upon Tyne, Feb – Mar 2017 Members Video Screening (as part of Video Show), Transmission, Glasgow, Nov 2016 No Niceties, PH Space and NewBridge Books, Newcastle upon Tyne, Nov 2016 KIELDER: ONSITE, The Observatory, Kielder Water and Forest Park, June – Sept 2016 KIELDER: OFFSITE, ExLibris Gallery, Newcastle University, Newcastle upon Tyne, May 2016 It's what you make of it, ExLibris Gallery, Newcastle University, Newcastle upon Tyne, April 2016 Circus Between Worlds, a project by Zoe Walker and Neil Bromwich, Glasgow International, Gi2016, April 2016 MA & Postgraduate Exhibition 2016, Atkinson Gallery, Somerset, Feb – Mar 2016 Yes, but is it editable?, ExLibris Gallery, Newcastle University, Newcastle upon Tyne, Nov 2015 Out of Kansas, The Literature and Philosophical Library, Newcastle upon Tyne, May 2015 A Third Exhibit, The Hatton Gallery, Newcastle upon Tyne, May 2015 DRAFTING, Performance and Drawing Event, Baltic 39, Newcastle upon Tyne, Mar 2015 SNIPPET, Long Gallery, Newcastle University, Newcastle upon Tyne, Feb 2015 Royal Terrace Showcase, Staithes, Sept 2014 Draw - In, St Margaret's House, Edinburgh, July 2014 RGI Winter Exhibition, Royal Glasgow Institute, Glasgow, Nov 2013 - Feb 2014 AnSo Live Screen Printing Night and Exhibition, Meadow Mill Projects, Dundee, Aug – Sept 2013 Rite of Spring, Underground Car Park, Glasgow, May 2013 Sound Thought, The Arches, Glasgow, Feb 2012 Loop 100 Anniversary of Glasgow Women's Day, The Hidden Gardens, Tramway, Glasgow, Mar 2011 Telling Stories, The Market Gallery, Glasgow, Feb 2011 RAW In a restless place, MOIN Creative Space, South Korea, Aug 2010 Conspicuous Consumption, Montgomery's Café, Glasgow, Jul 2009

RSA New Contemporaries 2009, The Royal Scottish Academy, The Mound, Edinburgh, Feb 2009 ex 2008, Leeds College of Art and Design, Sept - Oct 2008 Not Your Average Evening Event (as part of Glasgow International), McLellan Galleries, Glasgow, Apr 2008 Special Collections, The University of Leeds Gallery, Leeds Feb 2007 'Sitting Room', Touring internationally, 2007 Think Small, Art 6, Art Space gallery, USA, Nov 2005

PRESS COVERAGE

Helen Shaddock: Themselves Here Together, The Word, South Shields by Sarah Davies, Corridor 8, June 2018, http://www.corridor8.co.uk/?s=helen+shaddock Reality Check, The NewBridge Project: Gateshead, by Elisabetta Fabrizi, Corridor 8, Nov 2017 http://www.corridor8.co.uk/article/newbridge-project-gateshead-reality-check/ Is this the final straw? Newcastle University MFA Summer Exhibition 2015, The Crack, July 2015 http://www.thecrackmagazine.com/view-editorial/2743 Helen Shaddock: Brimming, The Herald, Jan 2014 Artist-Run Glasgow, Feature by Merlin James, Art in America, April 2013 http://www.artinamericamagazine.com/news-features/news/artist-run-glasgow/ Helen Shaddock, feature, The List Magazine, Feb 2012 Strength in numbers exhibition Featured Artwork, Central Station, 50 x 50, Jan 2012 Interview on Sunny Govan Radio, Oct 2011, http://soundcloud.com/the-happy-hour/the-happy-hour/

RESIDENCIES

Spoken Word Residency, Banff Centre for the Arts and Creativity, Canada, April – May 2017 Dumfries House, Ayrshire, August 2014 1 Royal Terrace, Glasgow, Nov 2013 –Jan 2014 Market Gallery, Glasgow, Feb-Mar 2013

COMMISSIONS

HomeTime, New Writing North, June 2020 Lockdown Diary Template, The For Solidarity network, Lockdown Gazette, May 2020 Northern Nori, Great North Museum: Hancock, Newcastle upon Tyne, June 2018 TRIGGER, Kielder Water and Forest Park, June 2016 Inlotus (Site-specific wall painting), Hotel Bloom! Brussels, Aug 2007

AWARDS

Hatton Award, Sept 2016 The NewBridge Project Graduate Studio Award, Aug 2016

FUNDING AWARDS

Arts Council England – Project Grant for artED, January 2024 Arts Council England – Developing Your Creative Practice, August 2021 Arts Council England – Grant for the Arts Award, April 2017 Newcastle University Student Alumni Association Fund, May 2015 Creative Scotland Talent / Professional Development, May 2012 Scottish Arts Council Creative and Professional Development, Jan 2010 Glasgow Visual Art Grant Scheme, Dec 2008

PUBLICATIONS

2024 calendar featured in Uppercase Magazine (multicolour edition: issue 60), January 2024 Lockdown Diaries Artwork featured in Duplicate 2021: Publishing In A Pandemic, BAAAD Press, May 2021 'EVERYTHING WILL BE ALRIGHT' featured in WordPower: Language as Medium, Sarah Peace (Ed.), LibraryX, 2018

Portion Control, self published as part of REALITY CHECK, The NewBridge Project : Gateshead, Gateshead, 2017

A lot can happen in fifteen minutes, UnStapled Press , 2016

WORK IN PUBLIC COLLECTIONS

Lockdown Diaries (series of drawings), Wellcome Collection library, Mar 2021 'A lot can happen in fifteen minutes' (publication), Newcastle University Library, Sept 2016 'An Opportunity To Investigate Bird Activity' (artists' book), Glasgow School of Art Artists' Book Library, Dec 2006 'Take A Seat...'(artists' book), Glasgow School of Art Artists' Book Library, Dec 2006 Once Upon A Time... (artists' book), Public artwork in The Mitchell Library, Glasgow, 2006 Placed Upon The Horizon (publication), A Permanent Public Artwork by Ruth Barker and Niall Macdonald, The book consists of 28 transcripts, my own included, 2006

'Barcode Book' (artists' book) Leeds College of Art and Design, Artist Book Collection, June 2005

WORK IN PRIVATE COLLECTIONS

Everything Will Be Alright (audio work), 2021 Set of sculptures, Ms Mairi Mackenzie, Dec 2011 Sculptural installation, Mr Sandy Moffat, Oct 2011 Urban Space, Set of sculptures, Ms McLoughlin, July 2011 Agardite, Drawing, Ms Sam Ainsley, April 2010 Cluster (Series 1) Series of 9 drawings, Mr Sprengnagel, Aug 2009 Cluster, DVD, Mr Sprengnagel, Aug 2009

ARTIST TALKS

Northumbria University, Artist talk, February 2018 Friends of the Hatton Gallery, Artist talk, May 2016 Explore Programme, Commercial Union House, Newcastle upon Tyne, Artist talk, May 2015 Helen Shaddock in conversation with Petter Yxell and Ruth Switalski, In conjunction with BRIMMING exhibition at 1 Royal Terrace, Glasgow, Jan 2014 Helen Shaddock in conversation with Julie-Anne Delaney and Martin Craig, In conjunction with Studio Project exhibition at Market Gallery, Apr 2013 Postgraduate Creative Entrepreneur Course, Glasgow School of Art, Guest Speaker, Nov 2012 Sculpture and Environmental Art department, Glasgow School of Art, Guest Speaker, Oct 2011 What Now Event at Glasgow School of Art, Guest speaker, June 2009

ADDITIONAL PROJECTS

marginendeavour, Collaborative practice with David Foggo, 2018 - present Drone Ensemble, Member of experimental sound group, 2016 - present Glasgow International Artists' Bookfair, Event Founder & Co-ordinator, 2008- 2014

PROFESSIONAL EXPERIENCE

Spoken Word and Performance Workshop Facilitator, Newcastle University, Nov 2018 - present Module Tutor for BA Year 2 students, Newcastle University, Sept 2015 - present Visiting Lecturer, Creative and Cultural Industries MA Programme in Fine Art, Northumbria University, Dec 2018 Host, Bobby Baker's Great & Tiny War, Wunderbar, 133 Sidney Grove, July – Dec 2018 Gallery Invigilator, The NewBridge Project, July – August 2018 Assistant, The Trinity Buoy Wharf Drawing Prize, July 2018 Event Assistant, Cheeseburn Sculpture, May 2017 - present Library Aide, Walton Library, Newcastle University, Dec 2016 - present Learning and Teaching Development Service Intern, Newcastle University, Dec 2014 – Sept 2016 Student Ambassador, Newcastle University, Oct 2014 – Sept 2015 Project Researcher for HEA funded 'Anatomy of Employability' project, Glasgow School of Art, Jan 2013 – Dec 2014 Assistant, Jerwood Drawing Prize, June 2015 – July 2015 Artist Assistant, Sabina Sallis, Nov 2014 – April 2015 Painting and Printmaking Administration Officer, Glasgow School of Art, Sept 2009 – Aug 2014 Event Co-ordinator, Glasgow International Artists Bookfair Nov 2007-2014 Art Workshop tutor, North Lanarkshire Council, Sept 2013 - Oct 2013 Art tutor, Yorkhill Children's Hospital, May 2013 – July 2013 AHM Admin Co-ordinator, Glasgow Sculpture Studios, April 2010 – April 2012 Audience and Development Assistant, Glasgow Sculpture Studios, Jan 2009 – April 2009

MEMBERSHIP OF PROFESSIONAL BODIES

Artist Member and Studioholder, The NewBridge Project, 2016 – Present Associate Fellow, Higher Education Academy, 2014 – Present Artist Member, Artists' Union England, 2014 – Present Treasurer, Scottish Artist Union, 2013 – Sept 2014 Associate Member, Mark Devereux Projects, 2013 – 2014 Member, Royal Glasgow Institute of the Fine Arts, 2013 – 2016 Executive Committee Member, Scottish Artist Union, 2012 – Sept 2014 Artist Member, Glasgow Print Studio, 2011 – 2014 Artist Member, Transmission Gallery, 2008 – Present Artist Member, Glasgow Sculpture Studios, 2008 – 2010

REFEREES

Chris Jones, Professor of Fine Art Practice	Dr Martyn Hudson, Lecturer in Art and Design History
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